


# MAY 2026



**CLERMONT**  
2400 S. Hwy. 27, Suite B201  
Clermont, FL 34711

SUN MON TUE WED THU FRI SAT

					1	2
3	4 CARDIO BOXING 6:30-7:15 PM ZUMBA 7:15-8:00 PM	5 ZUMBA 10:30-11:15 AM STRETCH & TONE 7:15-8:00 PM	6	7 CHAIR YOGA 10:45-11:30 AM TAE KWON DO (BEG) 6:30-7:15 PM TAE KWON DO (ADV) 7:15-8:00 PM	8	9
10 HAPPY Mother's Day	11-13 LAST WEEK OF SPRING CLASSES ----->			14 CHAIR YOGA 10:45-11:30 AM TAE KWON DO (BEG) 6:30-7:15 PM TAE KWON DO (ADV) 7:15-8:00 PM	15	16
17	18-20 SPRING CLASSES MAKEUP WEEK (IF NEEDED)--->			21 CHAIR YOGA 10:45-11:30 AM TAE KWON DO (BEG) 6:30-7:15 PM TAE KWON DO (ADV) 7:15-8:00 PM	22	23
24 MEMORIAL DAY	25-28 NO CLASSES! ----->			29 BASH - AWARDS & DANCE 6:30 PM - 8:30 PM  REGISTRATION REQUIRED	30	
31						

Mon-Fri: 8am - 6pm  
Sat & Sun: Closed  
Mon, Tues, Thurs Evenings: Open for Classes Only

[www.cfldreamplex.com](http://www.cfldreamplex.com) 352-394-0212

